

UNCOMFORTABLE ORTHOSES

Orthotic therapy is usually very successful in the treatment of many of the aches and pains that afflict the feet and legs.

Most orthotic devices prescribed by a podiatrist are made from either polypropylene or carbon fibre, and have a variety of top covers. Contrary to how they appear to you, orthoses can be adjusted in a number of ways to change how they support the feet. This may be achieved by grinding the shell of the device to reduce its length or width. The contour of the shell of the device itself can also be modified to negate the effects of wear and tear.

It is possible to rejuvenate old orthoses a number of times so that they can still help to ameliorate the aches and pains that may afflict your feet and legs. If you have an old pair of orthoses please bring them along to your appointment so that we can review and modify them to improve their effectiveness for you.

